

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**Morning**  
Apple & Apricot  
Puree with Iron  
Fortified Rice Cereal

NO KNOWN ALLERGENS

Apple & Pear  
Porridge  
Puree

CONTAINS: GLUTEN, OATS

Peach Rice Pudding  
with Cinnamon  
Puree

NO KNOWN ALLERGENS

Apple, Blueberry &  
Pear Puree with Iron  
Fortified Rice Cereal

NO KNOWN ALLERGENS

Tapioca  
& Pear  
Puree

NO KNOWN ALLERGENS

**Lunch**  
Beef, Red Lentil,  
Potato & Carrot  
Mash

NO KNOWN ALLERGENS

Chicken,  
Red Lentils &  
Carrot Mash

NO KNOWN ALLERGENS

Beef, Potato,  
Tomato &  
Cheese Mash

CONTAINS: MILK

Pasta, Zucchini,  
Broccoli, White Beans  
& Green Peas Mash

CONTAINS: WHEAT, GLUTEN

Chicken, Corn,  
Cauliflower, Pearl  
Barley & Rice Mash

CONTAINS: BARLEY, GLUTEN

Cauliflower,  
Sweet Potato &  
Pumpkin Puree

NO KNOWN ALLERGENS

Broccoli,  
Cauliflower &  
Potato Puree

NO KNOWN ALLERGENS

Sweet  
Potato  
Puree

NO KNOWN ALLERGENS

Carrot  
& Corn  
Puree

NO KNOWN ALLERGENS

Pumpkin &  
Sweet Potato  
Puree

NO KNOWN ALLERGENS

**Afternoon**  
Peach & Apple  
Semolina  
Puree

CONTAINS: WHEAT, GLUTEN

Creamy  
Mango Risotto  
Puree

CONTAINS: MILK

Apple, Orange, Pear &  
Prune Puree with Iron  
Fortified Rice Cereal

NO KNOWN ALLERGENS

Pear & Apple Puree  
with Iron Fortified  
Rice Cereal

NO KNOWN ALLERGENS

Apple & Pear  
Semolina  
Puree

CONTAINS: WHEAT, GLUTEN





Monday

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Morning

Apricot & Apple Porridge Puree

CONTAINS: OATS, GLUTEN



Peach Semolina with Milk Puree

CONTAINS: WHEAT, GLUTEN, MILK



Pear & Apple Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS



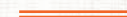
Apple Semolina Puree

CONTAINS: WHEAT, GLUTEN



Apple, Apricot, Pear & Prune Puree with Iron Fortified Rice Cereal

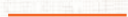
NO KNOWN ALLERGENS



Lunch

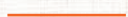
Beef & Roasted Vegetable Stew with Cous Cous Mash

CONTAINS: WHEAT, GLUTEN



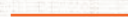
Beef, Pearl Barley & Vegetable Casserole Mash

CONTAINS: BARLEY, GLUTEN



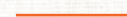
White Beans, Oats, Pumpkin & Carrot Mash

CONTAINS: OATS, GLUTEN



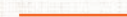
Chicken, Potato, Corn & White Beans Mash

NO KNOWN ALLERGENS



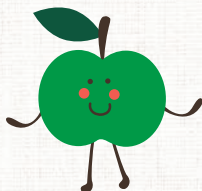
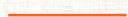
Beef, White Rice, Pumpkin & Potato Mash

NO KNOWN ALLERGENS



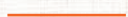
Zucchini & Potato Puree

NO KNOWN ALLERGENS



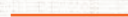
Cauliflower, Corn & Potato Puree

NO KNOWN ALLERGENS



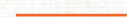
Zucchini, Potato & Cauliflower Puree

NO KNOWN ALLERGENS



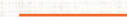
Carrot & Pumpkin Puree

NO KNOWN ALLERGENS



Broccoli, Green Peas, Zucchini & Potato Puree

NO KNOWN ALLERGENS



Afternoon

Apple Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS

Mango & Pear Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS

Apple, Apricot & Prune Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS

Peach, Pear & Apple Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS

Tapioca, Apple & Rhubarb Puree

NO KNOWN ALLERGENS

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## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

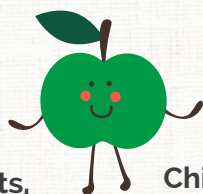
**Morning**  
**Pear & Apple Puree with Iron Fortified Rice Cereal**  
 NO KNOWN ALLERGENS

**Pear, Apple & Apricot Puree with Iron Fortified Rice Cereal**  
 NO KNOWN ALLERGENS

**Peach, Pear & Tapioca Puree**  
 NO KNOWN ALLERGENS

**Apricot Porridge Puree with Milk**  
 CONTAINS: OATS, GLUTEN, MILK

**Pear Puree with Iron Fortified Rice Cereal**  
 NO KNOWN ALLERGENS



**Lunch**  
**White Beans, Oats, Pumpkin & Carrot Mash**  
 CONTAINS: OATS, GLUTEN

**Chicken, Red Lentil, Sweet Potato & Rice Mash**  
 NO KNOWN ALLERGENS

**Beef Bolognese Sauce with Pasta & Vegetables Mash**  
 CONTAINS: WHEAT, GLUTEN

**Pasta, Pumpkin & Cheese Mash**  
 CONTAINS: WHEAT, GLUTEN, MILK

**Chicken, Sweet Potato & White Beans Mash**  
 NO KNOWN ALLERGENS

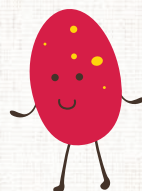
**Zucchini, Potato & Cauliflower Puree**  
 NO KNOWN ALLERGENS

**Pumpkin & Carrot Puree**  
 NO KNOWN ALLERGENS

**Potato & Pumpkin Puree**  
 NO KNOWN ALLERGENS

**Potato, Green Pea & Broccoli Puree**  
 NO KNOWN ALLERGENS

**Carrot, Cauliflower & Potato Puree**  
 NO KNOWN ALLERGENS



**Afternoon**  
**Apple, Apricot & Prune Puree with Iron Fortified Rice Cereal**  
 NO KNOWN ALLERGENS

**Apple & Rhubarb Puree with Iron Fortified Rice Cereal**  
 NO KNOWN ALLERGENS

**Apple, Peach & Prune Puree**  
 NO KNOWN ALLERGENS

**Apple, Pear & Prune Puree with Iron Fortified Rice Cereal**  
 NO KNOWN ALLERGENS

**Apple Puree with Iron Fortified Rice Cereal**  
 NO KNOWN ALLERGENS

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# Week Four 2025 - 2026

PUREE MENU 6 MONTHS TO 12 MONTHS

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Morning

Apple & Apricot  
Puree with Iron  
Fortified Rice Cereal

NO KNOWN ALLERGENS

Apple & Pear  
Porridge  
Puree

CONTAINS: GLUTEN, OATS

Peach Rice Pudding  
with Cinnamon  
Puree

NO KNOWN ALLERGENS

Apple, Blueberry &  
Pear Puree with Iron  
Fortified Rice Cereal

NO KNOWN ALLERGENS

Tapioca  
& Pear  
Puree

NO KNOWN ALLERGENS

Lunch

Beef, Red Lentil,  
Potato & Carrot  
Mash

NO KNOWN ALLERGENS



Chicken,  
Red Lentils &  
Carrot Mash

NO KNOWN ALLERGENS

Beef, Potato,  
Tomato &  
Cheese Mash

CONTAINS: MILK



Pasta, Zucchini,  
Broccoli, White Beans  
& Green Peas Mash

CONTAINS: WHEAT, GLUTEN

Chicken, Corn,  
Cauliflower, Pearl  
Barley & Rice Mash

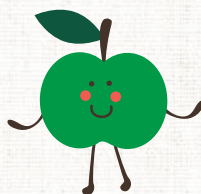
CONTAINS: BARLEY, GLUTEN

Cauliflower,  
Sweet Potato &  
Pumpkin Puree

NO KNOWN ALLERGENS

Broccoli,  
Cauliflower &  
Potato Puree

NO KNOWN ALLERGENS



Sweet  
Potato  
Puree

NO KNOWN ALLERGENS

Carrot  
& Corn  
Puree

NO KNOWN ALLERGENS



Pumpkin &  
Sweet Potato  
Puree

NO KNOWN ALLERGENS

Afternoon

Peach & Apple  
Semolina  
Puree

CONTAINS: WHEAT, GLUTEN

Creamy  
Mango Risotto  
Puree

CONTAINS: MILK

Apple, Orange, Pear &  
Prune Puree with Iron  
Fortified Rice Cereal

NO KNOWN ALLERGENS

Pear & Apple Puree  
with Iron Fortified  
Rice Cereal

NO KNOWN ALLERGENS

Apple & Pear  
Semolina  
Puree

CONTAINS: WHEAT, GLUTEN

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## Thursday

## Friday

Morning

Apricot & Apple Porridge Puree

CONTAINS: OATS, GLUTEN

Peach Semolina with Milk Puree

CONTAINS: WHEAT, GLUTEN, MILK

Pear & Apple Puree with Iron Fortified Rice Cereal

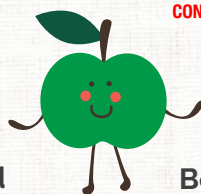
NO KNOWN ALLERGENS

Apple Semolina Puree

CONTAINS: WHEAT, GLUTEN

Apple, Apricot, Pear & Prune Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS



Lunch

Beef & Roasted Vegetable Stew with Cous Cous Mash

CONTAINS: WHEAT, GLUTEN

Beef, Pearl Barley & Vegetable Casserole Mash

CONTAINS: BARLEY, GLUTEN

White Beans, Oats, Pumpkin & Carrot Mash

CONTAINS: OATS, GLUTEN

Chicken, Potato, Corn & White Beans Mash

NO KNOWN ALLERGENS

Beef, White Rice, Pumpkin & Potato Mash

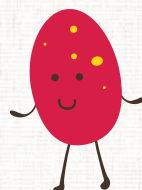
NO KNOWN ALLERGENS

Zucchini & Potato Puree

NO KNOWN ALLERGENS

Cauliflower, Corn & Potato Puree

NO KNOWN ALLERGENS



Zucchini, Potato & Cauliflower Puree

NO KNOWN ALLERGENS

Carrot & Pumpkin Puree

NO KNOWN ALLERGENS



Broccoli, Green Peas, Zucchini & Potato Puree

NO KNOWN ALLERGENS

Afternoon

Apple Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS

Mango & Pear Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS

Apple, Apricot & Prune Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS

Peach, Pear & Apple Puree with Iron Fortified Rice Cereal

NO KNOWN ALLERGENS

Tapioca, Apple & Rhubarb Puree

NO KNOWN ALLERGENS

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Morning

Pear  
Semolina  
Puree

CONTAINS: WHEAT, GLUTEN



Pear, Apple & Apricot  
Puree with Iron Fortified  
Rice Cereal

NO KNOWN ALLERGENS

Peach, Pear  
& Tapioca  
Puree

NO KNOWN ALLERGENS



Apricot  
Porridge Puree  
with Milk

CONTAINS: OATS, GLUTEN, MILK

Pear Puree  
with Iron Fortified  
Rice Cereal

NO KNOWN ALLERGENS

Lunch

Chicken, Ricotta,  
Pasta & Corn  
Mash

CONTAINS: WHEAT, GLUTEN, MILK

Chicken, Red Lentil,  
Sweet Potato  
& Rice Mash

NO KNOWN ALLERGENS

Beef Bolognese  
Sauce with Pasta &  
Vegetables Mash

CONTAINS: WHEAT, GLUTEN

Pasta, Pumpkin  
& Cheese  
Mash

CONTAINS: WHEAT, GLUTEN, MILK

Chicken,  
Sweet Potato &  
White Beans Mash

NO KNOWN ALLERGENS

Sweet  
Potato  
Puree

NO KNOWN ALLERGENS

Pumpkin  
& Carrot  
Puree

NO KNOWN ALLERGENS



Potato &  
Pumpkin  
Puree

NO KNOWN ALLERGENS

Potato,  
Green Pea &  
Broccoli Puree

NO KNOWN ALLERGENS



Carrot,  
Cauliflower &  
Potato Puree

NO KNOWN ALLERGENS

Afternoon

Apple  
& Pear  
Puree

NO KNOWN ALLERGENS

Apple & Rhubarb  
Puree with Iron Fortified  
Rice Cereal

NO KNOWN ALLERGENS

Apple,  
Peach &  
Prune Puree

NO KNOWN ALLERGENS

Apple, Pear &  
Prune Puree with  
Iron Fortified Rice Cereal

NO KNOWN ALLERGENS

Apple Puree  
with Iron Fortified  
Rice Cereal

NO KNOWN ALLERGENS