



Week One 2018/19

PUREE MENU 6 MONTHS TO 12 MONTHS (1)

Monday

Tuesday

Wednesday

Thursday

Friday

MORNING

APPLE & APRICOT
PUREE WITH IRON
FORTIFIED RICE CEREAL

APPLE & PEAR
PORRIDGE
PUREE

PEACH RICE PUDDING
WITH CINNAMON
PUREE

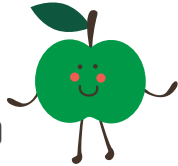
APPLE, BLUEBERRY &
PEAR PUREE WITH IRON
FORTIFIED RICE CEREAL

TAPIOCA
& PEAR
PUREE



LUNCH

CHICKEN,
RED LENTILS
& CARROT MASHED



VEAL, POTATO,
TOMATO & CHEESE
MASHED

PASTA, ZUCCHINI,
BROCCOLI, WHITE BEANS
& GREEN PEAS MASHED



CHICKEN, CORN,
CAULIFLOWER, PEARL BARLEY
& RICE MASHED

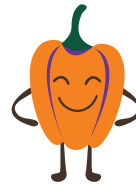
BEEF & ROASTED
VEGETABLE STEW WITH
COUS COUS MASHED



AFTERNOON

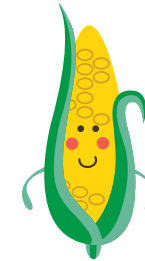
MANGO &
RICOTTA RISOTTO
PUREE

APPLE, ORANGE, PEAR &
PRUNE PUREE WITH IRON
FORTIFIED RICE CEREAL

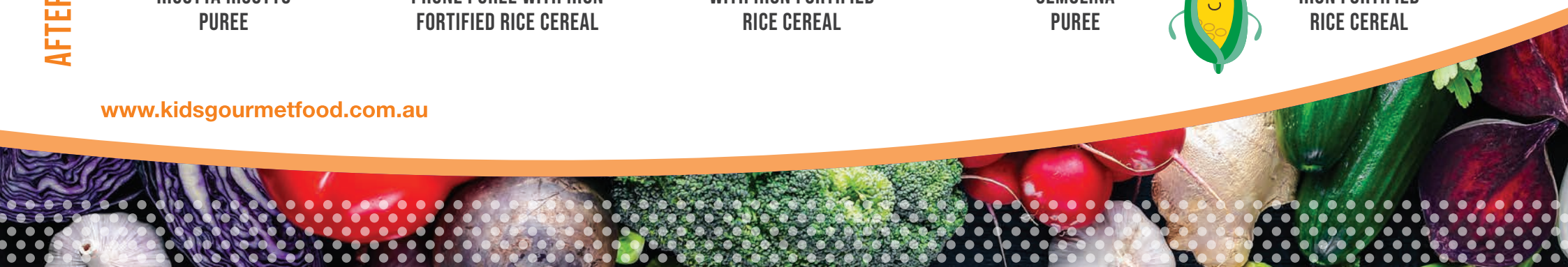


PEAR & APPLE PUREE
WITH IRON FORTIFIED
RICE CEREAL

APPLE & PEAR
SEMOLINA
PUREE



APPLE PUREE WITH
IRON FORTIFIED
RICE CEREAL





Week Two 2018/19

PUREE MENU 6 MONTHS TO 12 MONTHS (1)

Monday

Tuesday

Wednesday

Thursday

Friday

MORNING

APRICOT & APPLE PORRIDGE PUREE



PEACH SEMOLINA WITH MILK PUREE

PEAR & APPLE PUREE WITH IRON FORTIFIED RICE CEREAL

APPLE SEMOLINA PUREE

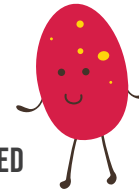
APPLE, APRICOT, PEAR & PRUNE PUREE WITH IRON FORTIFIED RICE CEREAL

LUNCH

BEEF, PEARL BARLEY & VEGETABLE CASSEROLE MASHED

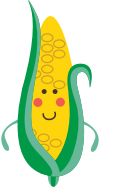
WHITE BEANS, OATS, PUMPKIN & CARROT MASHED

CHICKEN, POTATO, CORN & WHITE BEANS MASHED



BEEF, BROWN RICE, PUMPKIN & POTATO MASHED

CHICKEN, RICOTTA, PASTA & CORN MASHED



AFTERNOON

CAULIFLOWER, CORN & POTATO PUREE

ZUCCHINI, POTATO & CAULIFLOWER PUREE

CARROT & PUMPKIN PUREE



BROCCOLI, GREEN PEAS, ZUCCHINI & POTATO PUREE

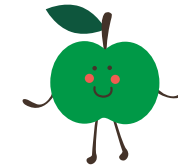
SWEET POTATO PUREE

MANGO & PEAR PUREE WITH IRON FORTIFIED RICE CEREAL

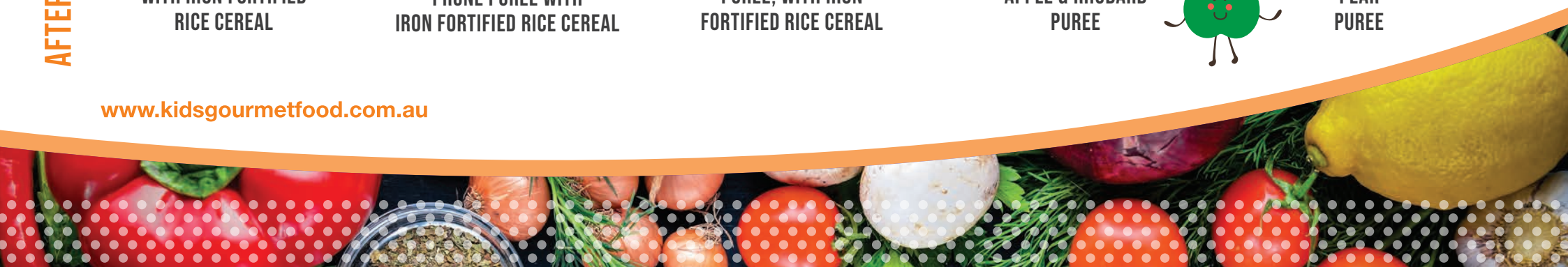
APPLE, APRICOT & PRUNE PUREE WITH IRON FORTIFIED RICE CEREAL

PEACH, PEAR & APPLE PUREE, WITH IRON FORTIFIED RICE CEREAL

TAPIOCA, APPLE & RHUBARB PUREE



APPLE & PEAR PUREE





Week Three 2018/19

PUREE MENU 6 MONTHS TO 12 MONTHS (1)

Monday

Tuesday

Wednesday

Thursday

Friday

MORNING

PEAR
SEMOLINA
PUREE

PEAR, APPLE &
APRICOT PUREE WITH
IRON FORTIFIED RICE CEREAL

PEACH,
PEAR & TAPIOCA
PUREE

APRICOT
PORRIDGE PUREE
WITH MILK

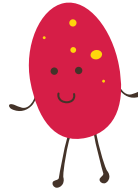


PEAR PUREE
WITH IRON FORTIFIED
RICE CEREAL

LUNCH

CHICKEN, RED LENTIL,
SWEET POTATO
& RICE MASHED

BEEF BOLOGNAISE
SAUCE WITH PASTA &
VEGETABLES MASHED



PASTA,
PUMPKIN & CHEESE
MASHED

CHICKEN,
SWEET POTATO &
WHITE BEANS MASHED

BEEF, RED LENTIL,
POTATO & CARROT
MASHED

AFTERNOON

PUMPKIN &
CARROT
PUREE



POTATO &
PUMPKIN
PUREE

POTATO &
GREEN PEA
PUREE

CARROT,
CAULIFLOWER &
POTATO PUREE

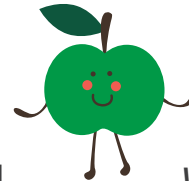
CAULIFLOWER,
SWEET POTATO &
PUMPKIN PUREE



APPLE & RHUBARB
PUREE WITH IRON FORTIFIED
RICE CEREAL

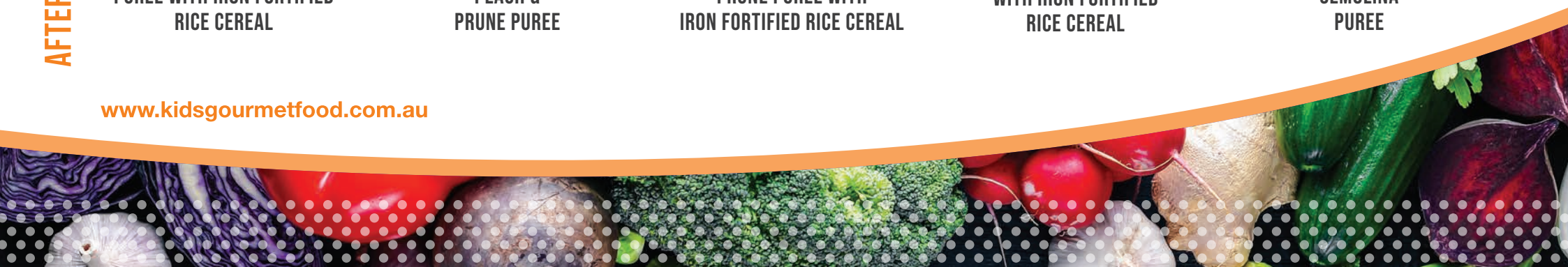
APPLE,
PEACH &
PRUNE PUREE

APPLE, PEAR &
PRUNE PUREE WITH
IRON FORTIFIED RICE CEREAL



APPLE PUREE
WITH IRON FORTIFIED
RICE CEREAL

PEACH & APPLE
SEMOLINA
PUREE





Week Four 2018/19

PUREE MENU 6 MONTHS TO 12 MONTHS (1)

Monday

Tuesday

Wednesday

Thursday

Friday

MORNING

APPLE & APRICOT
PUREE WITH IRON
FORTIFIED RICE CEREAL

APPLE &
PEAR PORRIDGE
PUREE

PEACH RICE PUDDING
WITH CINNAMON
PUREE

APPLE, BLUEBERRY &
PEAR PUREE WITH IRON
FORTIFIED RICE CEREAL

TAPIOCA
& PEAR
PUREE



LUNCH

CHICKEN,
RED LENTILS &
CARROT MASHED

VEAL, POTATO,
TOMATO & CHEESE
MASHED

PASTA, ZUCCHINI,
BROCCOLI, WHITE BEANS
& GREEN PEAS MASHED

CHICKEN, CORN,
CAULIFLOWER, PEARL BARLEY
& RICE MASHED

BEEF & ROASTED VEGETABLE
STEW WITH COUS COUS
MASHED

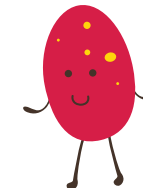
BROCCOLI,
CAULIFLOWER &
POTATO PUREE



SWEET
POTATO
PUREE

CARROT
& CORN
PUREE

PUMPKIN &
SWEET POTATO
PUREE



ZUCCHINI
& POTATO
PUREE

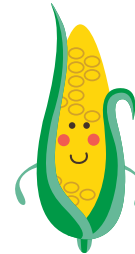


AFTERNOON

MANGO &
RICOTTA RISOTTO
PUREE

APPLE, ORANGE, PEAR &
PRUNE PUREE WITH IRON
FORTIFIED RICE CEREAL

PEAR & APPLE PUREE
WITH IRON FORTIFIED
RICE CEREAL



APPLE & PEAR
SEMOLINA
PUREE

APPLE PUREE
WITH IRON FORTIFIED
RICE CEREAL





Week Five 2018/19

PUREE MENU 6 MONTHS TO 12 MONTHS (1)

MORNING

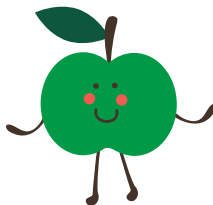
Monday

APRICOT & APPLE PORRIDGE PUREE



BEEF, PEARL BARLEY & VEGETABLE CASSEROLE MASHED

CAULIFLOWER, CORN & POTATO PUREE



MANGO & PEAR PUREE WITH IRON FORTIFIED RICE CEREAL

Tuesday

PEACH SEMOLINA WITH MILK PUREE



WHITE BEANS, OATS, PUMPKIN & CARROT MASHED

ZUCCHINI, POTATO & CAULIFLOWER PUREE

APPLE, APRICOT & PRUNE PUREE WITH IRON FORTIFIED RICE CEREAL



Wednesday

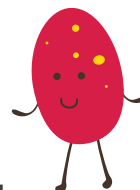
PEAR & APPLE PUREE WITH IRON FORTIFIED RICE CEREAL



CHICKEN, POTATO, CORN & WHITE BEANS MASHED

CARROT & PUMPKIN PUREE

PEACH, PEAR & APPLE PUREE WITH IRON FORTIFIED RICE CEREAL



Thursday

APPLE SEMOLINA PUREE



BEEF, BROWN RICE, PUMPKIN & POTATO MASHED

BROCCOLI, GREEN PEAS, ZUCCHINI & POTATO PUREE

TAPIOCA, APPLE & RHUBARB PUREE



Friday

APPLE, APRICOT, PEAR & PRUNE PUREE WITH IRON FORTIFIED RICE CEREAL



CHICKEN, RICOTTA, PASTA & CORN MASHED

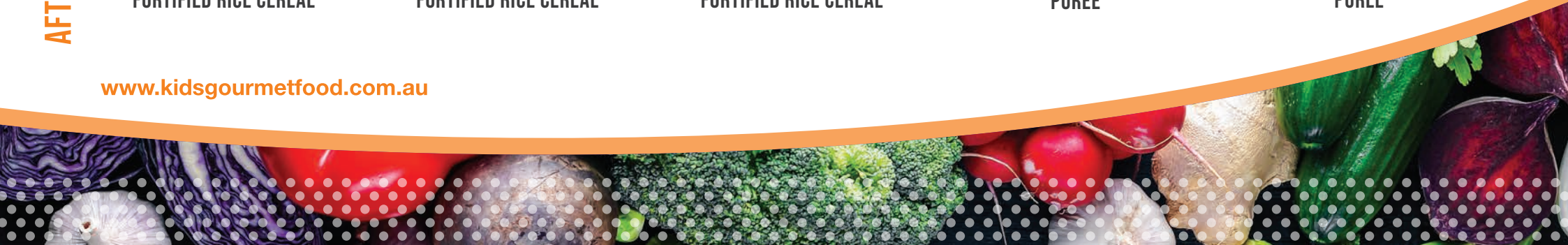
SWEET POTATO PUREE

APPLE & PEAR PUREE



LUNCH

AFTERNOON





Week Six 2018/19

PUREE MENU 6 MONTHS TO 12 MONTHS (1)

Monday

Tuesday

Wednesday

Thursday

Friday

MORNING

PEAR
SEMOLINA
PUREE



PEAR, APPLE &
APRICOT PUREE WITH IRON
FORTIFIED RICE CEREAL

APRICOT PORRIDGE
PUREE WITH
MILK

PEACH, PEAR
& TAPIOCA
PUREE

PEAR PUREE
WITH IRON FORTIFIED
RICE CEREAL

LUNCH

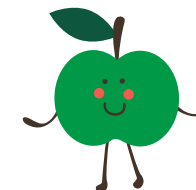
CHICKEN, RED LENTIL,
SWEET POTATO
& RICE MASHED

BEEF BOLOGNAISE
SAUCE WITH PASTA &
VEGETABLES MASHED



CHICKEN, SWEET POTATO
& WHITE BEANS
MASHED

PASTA,
PUMPKIN & CHEESE
MASHED



BEEF, RED LENTIL,
POTATO & CARROT
MASHED

AFTERNOON

PUMPKIN
& CARROT
PUREE



POTATO
& PUMPKIN
PUREE

CARROT,
CAULIFLOWER &
POTATO PUREE



POTATO &
GREEN PEA
PUREE

CAULIFLOWER,
SWEET POTATO &
PUMPKIN PUREE

APPLE & RHUBARB
PUREE WITH IRON
FORTIFIED RICE CEREAL

APPLE & RHUBARB
PUREE WITH IRON
FORTIFIED RICE CEREAL

APPLE PUREE
WITH IRON FORTIFIED
RICE CEREAL

APPLE, PEAR &
PRUNE PUREE WITH IRON
FORTIFIED RICE CEREAL

PEACH & APPLE
SEMOLINA
PUREE

